

MIDWEST TRAVEL UNITED STATES

SPAS OF THE MIDWEST

Discover Spa & Wellness experiences in America's Heartland



CRAIG OLIVER | 3 MONTHS AGO

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Midwesterners are characteristically modest regarding boasting, but greatness is written all over the region. From the Great Plains to the Great Lakes and traversed by the Mississippi River, the American heartland has rich traditions of exploration and creation. Native Americans, explorers, pioneers, and immigrants have all been drawn to its fertile lands and fabled forests. Today, people visit its thousands of lakeside vacation spots—great escapes from the pulse of city life. Discover the spas of the

Midwest to experience a famously friendly welcome, the healing properties of fresh water and fresh air, and uniquely wholesome wellness.

Elan Brio Spa, Green Lake, Wisconsin



Nestled in the heart of Green Lake, Wisconsin, **Elan Brio Spa** offers a serene escape where wellness meets luxury. This tranquil retreat blends holistic therapies with stunning natural surroundings just a short drive from Madison, Green Bay, Milwaukee, and Chicago. Guests can enjoy personalized massages, radiant facials, body treatments, and full salon services, all in a space filled with natural light and scenic views. Signature amenities include saltwater soaking pools, herbal steam rooms, relaxation lounges, and cozy fireplaces—perfect for unwinding solo or with a loved one. Whether you're seeking a peaceful day trip or a restorative getaway, Elan Brio Spa delivers relaxation from head to toe.

Elan Brio Spa, Trillium Circle, Green Lake, Wisconsin **920.294.3347**

Spa Walden, Aurora, Ohio

At Spa Walden, one finds relaxation and tranquility combined in the heart of Ohio's Western Reserve. Every element of the **Spa Walden** experience has been chosen with your comfort and inspiration in mind, from your arrival at the spa. Enjoy a full-service facility with Vichy showers, personal steam rooms, private wet rooms, and a beauty salon. The resort includes yoga and meditation classes, a fitness center, golf, tennis, horseback riding, and a seasonal outdoor swimming pool. The Walden Inn is an authentic Midwest luxury respite.

Walden Inn & Spa, 1119 Aurora Hudson Road, Aurora, Ohio **330.995.9772**

**Crystal Spa, Crystal Mountain Resort & Spa,
Thompsonville, Michigan**

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Crystal Mountain Resort in northern Michigan is a year-round mountain playground perfect for family vacations, couples' getaways, or solo escapes. **The Crystal Spa** is an elegant oasis inspired by the surrounding natural beauty and the changing seasons. The 18,500-square-foot spa offers massage, skincare, and body treatments in a LEED-certified "green building." Be sure to visit the Mosaic Garden and relax in the hot tub.

Crystal Mountain Resort, 12500 Crystal Mountain Drive, Thompsonville, Michigan
231.378.2000

Gervasi Vineyard Resort & Spa, Canton, Ohio

Embark on a journey of blissful renewal at **Gervasi Vineyard Resort & Spa**. From soothing massages to invigorating facials and indulgent body scrubs, their thoughtfully curated menu offers an escape from the demands of daily life. The Spa at Gervasi Vineyard features world-renowned Babor and Kerstin Florian products, known for their exceptional quality and nourishing properties, ensuring an extraordinary spa experience. Venture beyond The Spa and discover the allure of Gervasi Vineyard Resort, a sprawling 55-acre estate inspired by Tuscan Village charm. Marvel at the serene lake, elegant swans, and charming wooden footbridge as you explore scenic walking paths. Experience an authentic "Tuscan getaway," complemented by exquisite wines, delectable cuisine, and captivating vistas.

Gervasi Vineyard Resort & Spa, 1700 55th Street Northeast, Canton, Ohio

330.433.2959

Aspira Spa at The Osthoff Resort, Elkhart Lake, Wisconsin

Nestled among cedar trees and the spring-fed waters of Elkhart Lake, **Aspira Spa at The Osthoff Resort** offers a luxury wellness retreat that harmonizes nature and holistic healing. Guests can indulge in rejuvenating treatments, a therapeutic salt room, yoga classes, and the nourishing Spa Café. The Vichy Suite elevates relaxation with a cascading water massage experience, perfect for solo or shared indulgence. Set within the AAA Four Diamond Osthoff Resort, this lakeside escape also features diverse dining options, from the refined Concourse Restaurant & Lounge to the casual Otto's Restaurant and the health-focused Spa Café, making it an ideal destination for relaxation and renewal.

Aspira Spa at The Osthoff Resort, Osthoff Avenue, Elkhart Lake, Wisconsin
877.772.2070

Find Your Midwest Spa Experience

For a complete list of the best spas in the Midwest region, choose by state: **Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota**, and **Wisconsin**.

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Craig Oliver

Craig Oliver is editor-in-chief of Healthy Living + Travel, and president of Spas of America Marketing. He's passionate about the ability of health, spa, and wellness travel to enhance and improve our everyday lives.



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FEB  February 27 - March 7 

27 Carnival, Rio de Janeiro, Brazil

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1 New Jersey Wine & Food Festival

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13 The 24 Hours of Le Mans

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